INSPIRING HOPE
ONE PERSON AT A TIME

The success of our programs relies heavily on our partnerships with community-based agencies, volunteers, mentors and donors to eradicate this issue affecting women and their families.

Hope's Crossing is always looking for support in our community. Help us inspire, encourage and create hope in women by volunteering, donating, joining our board or attending a fundraiser.

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HOPESCROSSING.ORG
**INSPIRING, ENCOURAGING AND CREATING HOPE**

Hope’s Crossing views women as the cornerstone to our families and with the continuous increase in the incarceration rate of women, our families are at significant risk. Over the past 25 years, the incarceration rate of women in the Arizona prison system has grown by 1,261 percent and rising. With your help we can reduce the rate of recidivism among women.

**Hope’s Crossing** is a 501(c)3 nonprofit organization dedicated to restoring hope in the lives of women. We are committed to removing barriers to success after being released from experiences with incarceration.

Each year, thousands of women are released from incarceration into our Arizona communities. It is vital to connect these women with sustainable employment and caring mentors to keep them from relapsing into a life of criminal activity.

The challenges to re-entry for women previously incarcerated, range from finding sustainable employment, drug free and safe housing, and a real opportunity to reintegrate back into our community and becoming productive citizens.

![Image of a family](image)

We offer programs and services to support women as they strive toward re-entry into their community.

**PRE-RELEASE SERVICES**

The road to hope should start before participants are released from prison. Trained staff begin working with participants three to six months before their scheduled release date.

Staff and participants will discuss the benefits of our programs and service and determine if Hope’s Crossing is right for them, as well as:

- Conduct a needs assessment
- Establish personal and professional goals
- Initiate a counseling routine

**EMPLOYMENT, EDUCATIONAL AND VOLUNTEER SERVICES**

Employment is critical for ex-offenders. As many as 87 percent of those employed after release do not return to prison within a year. Challenges participants face are a lack of skills and an employer’s stigma with hiring ex-offenders. We provide:

- Resume development
- Job skills training and entrepreneurship
- Employment and educational assistance

**SOCIAL/LIFE SKILLS DEVELOPMENT**

It is our goal to promote effective decision making skills for successful reintegration into the community. Each week participants have the opportunity to examine social and emotional needs. Through these interactions, participants will learn about tolerance, as well as respect for others and themselves.

**PERSONAL AND PROFESSIONAL SKILLS TRAINING**

Statistics show that many ex-offenders have serious emotional and mental trauma due to their childhood or the experience of being incarcerated. It is important to give each participant the tools to rebuild themselves from the inside out.

Lessons include:

- Rebuilding Self-Esteem
- Defining Self-Discipline
- Adapting to Challenges
- Values and Choices
- Relationship Building
- Value of Support Systems
- Goal Setting
- Time Management

**TRANSITIONAL HOUSING**

Studies show that with each move after release from prison, a person’s likelihood of re-arrest increase by 25 percent. For hundreds of ex-offenders returning to our community, the question of where they live is immediate and critical.

For this reason, Hope’s Crossing provides housing assistance for newly released inmates for one year. By helping establish stability, a higher percentage of ex-offenders can be successful.